



# Catering Menu



# Signature Creations

Served as Family Style Salads, Wrap Trays, or Boxed Lunches

# Serving Styles

Select Any Signature Creation Served in the Style of Your Choice

## Chickpea<sup>G</sup>

Romaine, Baked Falafel, Chickpeas, Roasted Red Peppers, Baked Falafel, Feta Cheese, and Pita Chips with Lemon Tahini Dressing

## Southern Harvest<sup>G</sup>

Mesclun, Roasted Chicken, Apples, Pecans, and Cornbread Croutons with Sweet Tea Vinaigrette

## BLT<sup>G</sup>

Romaine, Arugula, Grape Tomatoes, Bacon, and Multigrain Croutons with Herb Ranch Dressing

## Carolina Cobb

Romaine, Baby Spinach, Roasted Chicken, Hard Boiled Egg, Avocado, Grape Tomatoes, Bleu Cheese, and Bacon with Agave Mustard Dressing

## Kale Caesar<sup>G</sup>

Romaine, Kale, Roasted Chicken, Shaved Parmesan, and Multigrain Croutons with Caesar Dressing  
**Option to Substitute Roasted Shrimp**

## Mediterranean

Kale, Baby Spinach, Romaine, Quinoa, Grape Tomatoes, Roasted Red Peppers, Kalamata Olives, Feta Cheese, and Fresh Basil with Balsamic Vinaigrette

## Farmers Market<sup>V</sup>

Mesclun, Arugula, Baby Spinach, Avocado, Cucumber, Roasted Broccoli, Roasted Sweet Potatoes, Sunflower Seeds, Everything Bagel Seasoning, and Fresh Basil with Green Goddess Dressing

## Mesa Verde

Romaine, Roasted Chicken, Grape Tomatoes, Avocado, Black Beans, Raw Corn, Fresh Cilantro, and Tortilla Strips with Chipotle Lime Vinaigrette

**Option to Substitute Roasted Shrimp**

## Seasonal Selections

Inquire with our Catering Specialist



## Fresh Salads

Family Style salads served without proteins. Proteins are available priced per person and served on the side.

### Serving Sizes:

**Small: Entrée 4-6 | Side 10-15**

**Medium: Entrée 8-10 | Side 20-24**

**Large: Entrée 12-14 | Side 30-35**

## Assorted Wraps

Select up to 3 Signature Creations.  
Served with assorted Pop Chips.

**Priced Per Person, 10 Person Minimum**

## Fresh Spread for the Group

Signature Creation Salad, Assorted Wraps, and Pop Chips.  
Option to include Housemade Cookies or Fresh Fruit.

**Priced Per Person, 10 Person Minimum**

**MOST  
POPULAR  
OPTION!**

## Box It Up

Individually boxed meals  
for each guest to enjoy.

Includes Signature Creation Salad or Wrap +  
Housemade Cookie or Fresh Fruit. Wraps are  
served with Pop Chips.

**Priced Per Person, 10 Person Minimum**

# Breakfast

Fresh Fuel to Start Your Group's Day

## Fresh Fruit Tray

Seasonal Fruit

Small Tray: Serves 8-10 | Large Tray: Serves 20-25

## Assortment of Avocado Toasts<sup>G</sup>

Create Your Own Breakfast Toast from a Selection of Avocado, Grape Tomatoes, Pickled Onion, Hard Boiled Egg, Everything Bagel Seasoning, and Power Seeds Served on Craft Bakery Bread.

Priced per person, 10 person minimum



# Extras + Small Bites

Snacks and Sides to Complete Your Meal

## Snacks & Sweets

Assortment of Pop Chips

Fresh Fruit

Housemade Cookies:

Chocolate Chip with Sea Salt or Oatmeal<sup>V</sup>

Priced per person, 10 person minimum

## Small Bites

### Pinwheel Wraps<sup>G</sup>

Select any two Signature Creations

### Hummus

Served with Seasonal Vegetables and Pita Chips<sup>G</sup>

### Crudités

Seasonal Vegetables served with Herb Ranch or Green Goddess Dressing

### Buffalo Cauliflower Bites

Buffalo Roasted Cauliflower served with Celery and Herb Ranch<sup>V</sup> or Green Goddess<sup>V</sup> Dressing

### Shrimp Ceviche Dip

Chipotle Lime Marinated Roasted Shrimp with Pickled Red Onion, Cucumber, Tomatoes, Avocado, Fresh Cilantro, and Pita Chips<sup>G</sup>

### Fresh Fruit Tray

Seasonal Fruit

Small Tray: Serves 8-10 | Large Tray: Serves 20-25

## Drinks

### Gallons:

Freshly Brewed Tea, Hand-Squeezed Lemonade, and Seasonal Beverages

### Bottles + Cans:

Choice of flavored Sprindriffs, Sparkling Water, Kombucha, or Bottled Water



# Create Your Own

Customize Ingredients for a Create Your Own Salad Bar

## Custom Salad Bar

Choose from over 40 fresh ingredients to build a fully customizable meal for your group. Ingredient availability varies by season. Contact our Catering Specialist for all available ingredients.

Includes 6 Toppings, 2 Premium Toppings, and 2 Housemade Dressings. Additional toppings may be added.\*

**Priced Per Person, 10 Person Minimum**



### Bases:

Romaine  
Baby Spinach  
Mesclun  
Arugula  
Kale

### Toppings:

Grape Tomatoes  
Carrots  
Pickled Onion  
Cucumber  
Raw Corn  
Black Beans  
Chickpeas  
Roasted Red Peppers  
Buffalo Cauliflower  
Roasted Broccoli  
Roasted Sweet Potatoes  
Quinoa  
Shredded Cabbage

Olives  
Apples  
Hard Boiled Egg  
Pickled Jalapenos  
Pecans  
Dried Cranberries  
Sliced Almonds  
Sunflower Seeds  
Pita Chips<sup>G</sup>  
Tortilla Strips  
Multigrain Croutons<sup>G</sup>  
Cornbread Croutons<sup>G</sup>

### Premiums:

#### Cheeses:

Goat  
Feta  
Bleu  
Shaved Parmesan  
Sharp White Cheddar  
Vegan Cheddar<sup>V</sup>

Avocado  
Marinated Tofu<sup>V</sup>  
Baked Falafel<sup>V</sup>  
Bacon  
Roasted Chicken  
Roasted Shrimp\*

### Dressings:

Balsamic Vinaigrette<sup>V</sup>  
Herb Ranch<sup>V</sup>  
Citrus Vinaigrette<sup>V</sup>  
Caesar  
Turmeric Vinaigrette<sup>V</sup>  
Tomato Vinaigrette<sup>V</sup>  
Sesame Ginger  
Chipotle Lime Vinaigrette  
Vegan Thousand Island<sup>V</sup>  
Agave Mustard<sup>V</sup>  
Lemon Tahini  
Green Goddess<sup>V</sup>  
Sweet Tea Vinaigrette



## Ordering and Delivery Information

Our food is made fresh to order, so 24-hour advance notice is required for catering orders. Same-day catering for pick up may be available, but can't be guaranteed.

We provide all the extras: Compostable plates, napkins, cutlery, and serving utensils are included. Going Green? Let us know and we'll leave our utensils behind.

The minimum order for delivery is \$150.  
Delivery fee based on location.

**Contact Verde's Catering Specialist to  
customize your order:**  
**(843) 608-0509 | [catering@eatatverde.com](mailto:catering@eatatverde.com)**